

Accommodation Options for Introduction to Biofeedback Workshop

The in-person module will take place in my office suite in Boston - 84 State St, Suite 570, Boston, MA 02109.

Here is a list of nearby hotels that other participants have stayed at in the past and recommended:

1. [The Dagny](#), 5 minute walk to the workshop location. Close to Faneuil Hall and the waterfront.
2. [Hyatt Centric Faneuil Hall Boston](#) - 2-3 minute walk to the workshop location, right by the Faneuil Hall and the waterfront.
3. [Harborside Inn](#) - 2-3 minute walk to the workshop location. A nice, less-fancy hotel, close to all nearby attractions. Often less expensive than others nearby.
4. [Omni Parker House hotel](#) - historic Boston hotel, close to Boston Common. 7-10 minute walk to the workshop location,
5. [Yotel Boston](#), less expensive, but nice, hotel in Seaport. About a 15-minute walk to the workshop location.
6. [Godfrey hotel](#) in Downtown crossing, 10-15 min walk to the workshop location. Close to Boston Common and other Boston attractions.

Some people choose to stay in Airbnb rentals, which may be less expensive, in Cambridge near the Red Line (subway/T), or East Boston near the Blue Line. It is not difficult to get into Boston on the Red Line or the Blue Line. If you need directions from any of the T stops, please let me know. In fact, my office is close to all the subway lines - Red, Blue, Green, and Orange.

Happy to answer any other questions you might have!

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